

North Medford Club Summer Series

Asbury Grove, S. Hamilton, MA
5 Miles – Wheel measured

Saturday, September 15, 2007

Surface - wet, Drizzle at end.

1. Dave Audet	42	Concord, NH	NMC	36:32
2. Dag Holmboe	48	S. Hamilton, MA	Unat	37:19
3. Larry Thode	53	Upton	NMC	37:23
4. Charlie Salmond	55	Fitchburgh	NMC	37:58
5. Richard Walsh	40	S. Hamilton, MA	Unat.	38:00
6. <u>Melinda Forstey</u>	25	Amesbury	Unat.	38:53
7. Steve McAvoy	55	Everett	NMC	39:38
8. Roger Perham	60	S. Hamilton, MA	NMC	48:10
9. <u>Sarah Coffey</u>	31	Dorchester	NMC	52:38
10. <u>Marge Gladwin</u>	54	Westford, MA	NMC	1:16:10
11. Dick Bennett	79	Danvers	NMC	1:24:38

DNF

Dan Coffey

Louise Rossetti

Officials:

Julian Seigal

Mike Perham

Alex Ball

Race Director – Roger Perham

A new course greeted the runners this year. The course was redesigned because the old course had become overgrown in places. Due to the scheduling of a walk on some of the loop in the middle of the race course markings were kept to a minimum. Rain the night before had erased the painted chalk on the dirt. Dave Audet missed the turn into the path at the start. He turned around and caught the others. Steve McAvoy followed the walk arrows after the loop. . . . Louise walked the course and got assistance from Marge and Dan. A downed log caught Louise's trail leg as she stepped over it and a deep cut developed. The first aid for the walk took her to Beverly Hospital.

She did not do her usual early start because she was picking up calzone at her sister's store in Beverly. Dan and Sarah Coffey went to the hospital with Louise.